

ROAD TO RECOVERY: I HOPE TO PLAY FOR THE NATIONAL TEAM, SAYS LILIAN 'MILEGI' AKINYI

Injuries can bring a football player's career to a screeching halt. This is why it is paramount that proper Medicare is offered to football players when they are faced with unforeseen circumstances such as illnesses and injuries on and off the pitch.

While insurance covers are ideal in this case, most players are still grappling with the lack of it. KEFWA through its Road to Recovery program has not only been able to assist its members to get proper medication but also ensure that they bounce back to playing competitively both at the club level and at the national team.

Kenya Women Premier League (KWPL) side Makolanders FC left-back Lilian Akinyi popularly known as Milegi is also a beneficiary after suffering a knee injury that required surgery.

In the aftermath of the operation, she is hopeful that she will be back to full form as she undergoes her physiotherapy, eyeing a chance to play for the national team, Harambee Starlets soon.

As she awaits full recovery, she currently coaches Red Planets in Riruta Satellite and she is also part of the technical bench for Wanderers Youth Soccer Academy (WYSA) based in Kangemi